



EFIM

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Efim
YOUNG INTERNISTS



EFIM YOUNG INTERNIST GROUP

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Member of EFIM Exchange Programme Working Group

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YI Subcommittee...a brief history



2005

2009

2010



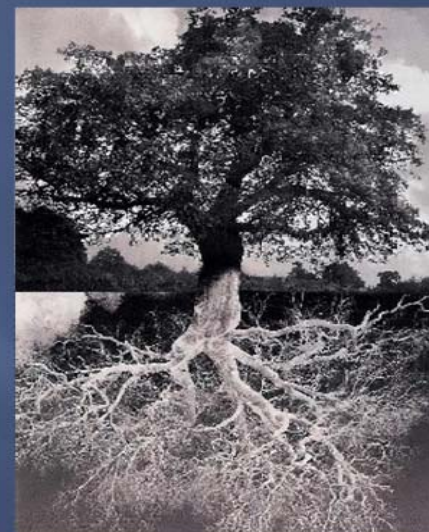
Our mission:

- ◉ Believe that anything is possible
- ◉ “Revitalise” Internal Medicine
- ◉ Promote Internal Medicine at home to students, interns, and residents
- ◉ Help to develop Young Internist groups within National Societies of Internal Medicine
- ◉ Develop the role of the YI within EFIM



Young Internists and Internal Medicine

- The most valuable resource for future healthcare
- Revitalization of Internal Medicine should start from its roots





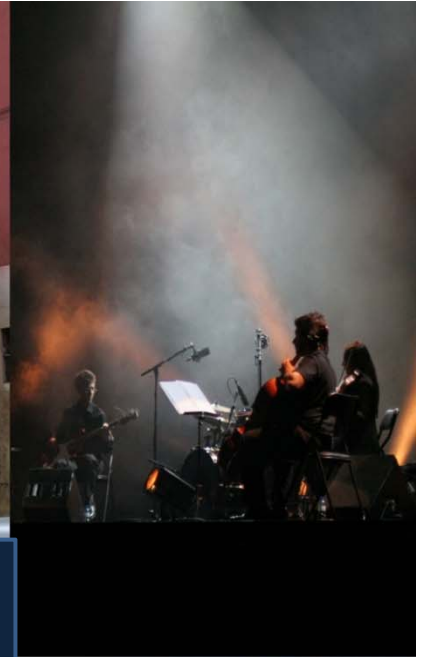
We believe that:

- ▣ Focus should be placed on...
 - High quality education
 - Standardised clinical competencies
 - Communication abilities
 - Research opportunities
 - International networking
- ▣ Unity is strength



Create a network of young Internists across Europe to...

- Promote professionalism
- Participate in administrative processes
- Co-operate on exploring uniformity of residency training programs across Europe
- Develop European exchange programs
- Promote high-quality, Europe-wide research



ESIM – LISBON 2008



ISTAMBUL 2009 YOUNG INTERNIS DAY





EFIM Young Internists Subcommittee



Roger Duckitt
England
Chairperson



Lorenzo Dagna
Italy



Lenka Bosanska
Czech Republic
Secretary



Carla Araujo
Portugal



Moshe Vardi
Israel
Webmaster



Mine Durusu
Turkey
Ex-Chair

YOUNG INTERNIST ASSEMBLY

2010

- Norway - Asker

2010

- Switzerland - Luzern

2011

- Romania - Bucharest

2011

- Greece – Athens

2012

- Israel – TelAviv

2012

- Spain - Madrid



Assembly of Young Internists

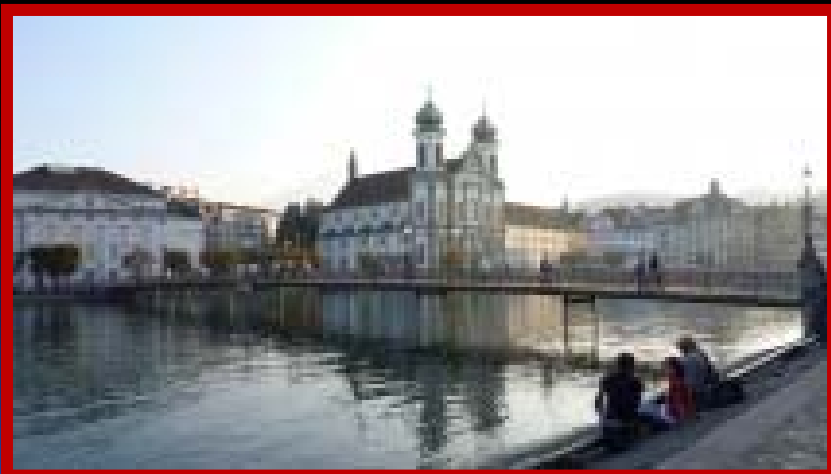
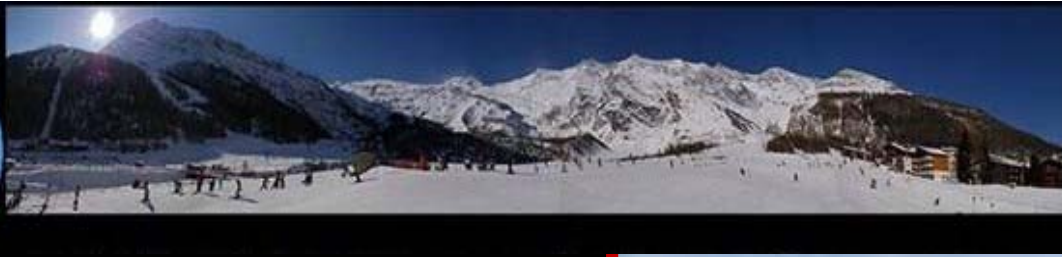


Czech Republic	UK	Germany	Iceland	Latvia
Italy	Morocco	Norway	Lithuania	Slovakia
Turkey	Israel	Finland	France	Belgium
Poland	Netherlands	Portugal	Sweden	Serbia
Spain	Romania	Slovenia	Algeria	Austria
Denmark	Greece	Hungary	Luxembourg	Tunisia
Russia	Switzerland	Malta	Estonia	





Oslo, March 2010

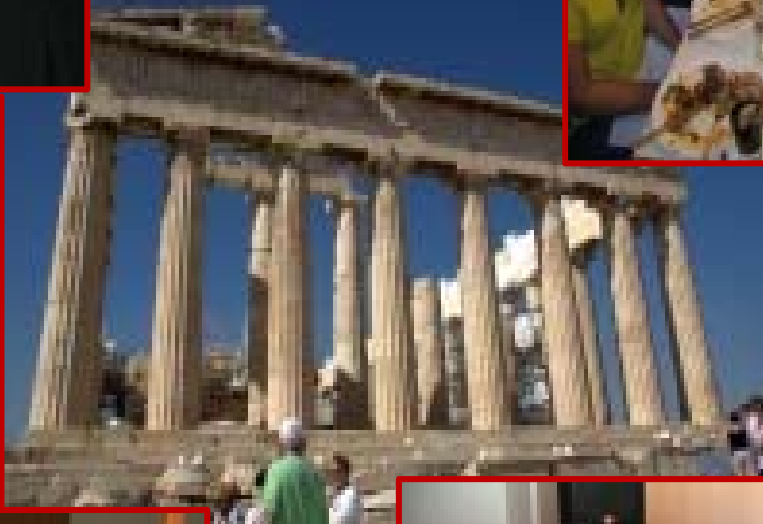
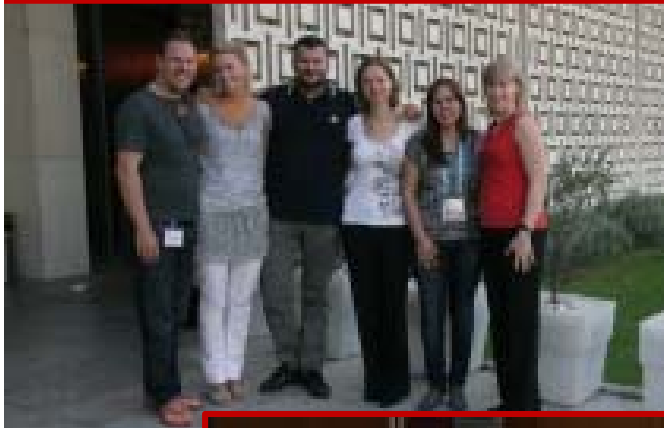


Luzern 2010



Bucharest - 2011

Athens,
October 2011





TelAviv - 2012

MADRID
October, 24-27 2012

**11th Congress of the
European Federation
of Internal Medicine (EFIM)**

**XXXIII National Congress
of the Spanish Society
of Internal Medicine (SEMI)**



6th Young Internists' Day - Thursday, 25th October 2012, 17:00h - Room Roma

17:00-17:15 h	Young Internists - Who we are Dr. Lenka Bosanska <i>Chair, Young Internists Chair, Charité Universitaetsmedizin Berlin, Germany</i>
17:15-18:30 h	Clinical Gymnasium – Interactive case presentations Chairmen: Dr. Maria Domenica Cappellini <i>Department of Internal Medicine, Maggiore Hospital, University of Milan, Italy</i> Dr. Shirley P. Rigby <i>Consultant in General Medicine and Rheumatology, Warwick Hospital, UK</i> Dr. Christopher Davidson <i>ESIM Co-Director, Brighton & Sussex Medical, UK</i> Dr. Lorenzo Dagna <i>Professor of Medicine and Clinical Immunology, University of Milan, Italy</i>
19:00-19:15 h	Young Internists in Spain Dr. Ana Torres do Rego <i>Department Of Internal Medicine, University Hospital Gregorio Marañón, Madrid, Spain</i>
19:15-20:15 h	Your Opinion Counts! Young Internists discuss their experiences and the future of Internal Medicine Chairmen: Dr. Roger Duckitt <i>Consultant in Acute Medicine, Worthing Hospital, UK</i> Dr. Carla Araujo Pimentel <i>Resident in Internal Medicine, ULS-Hospital Amato Lusitano Castelo Branco, Portugal</i>
20:15-21:00 h	Lecture: Cognitive diagnostic error in Internal Medicine Dr. Kees van den Berge <i>Department of Internal Medicine, Erasmus Medical Centre, Rotterdam, The Netherlands</i>



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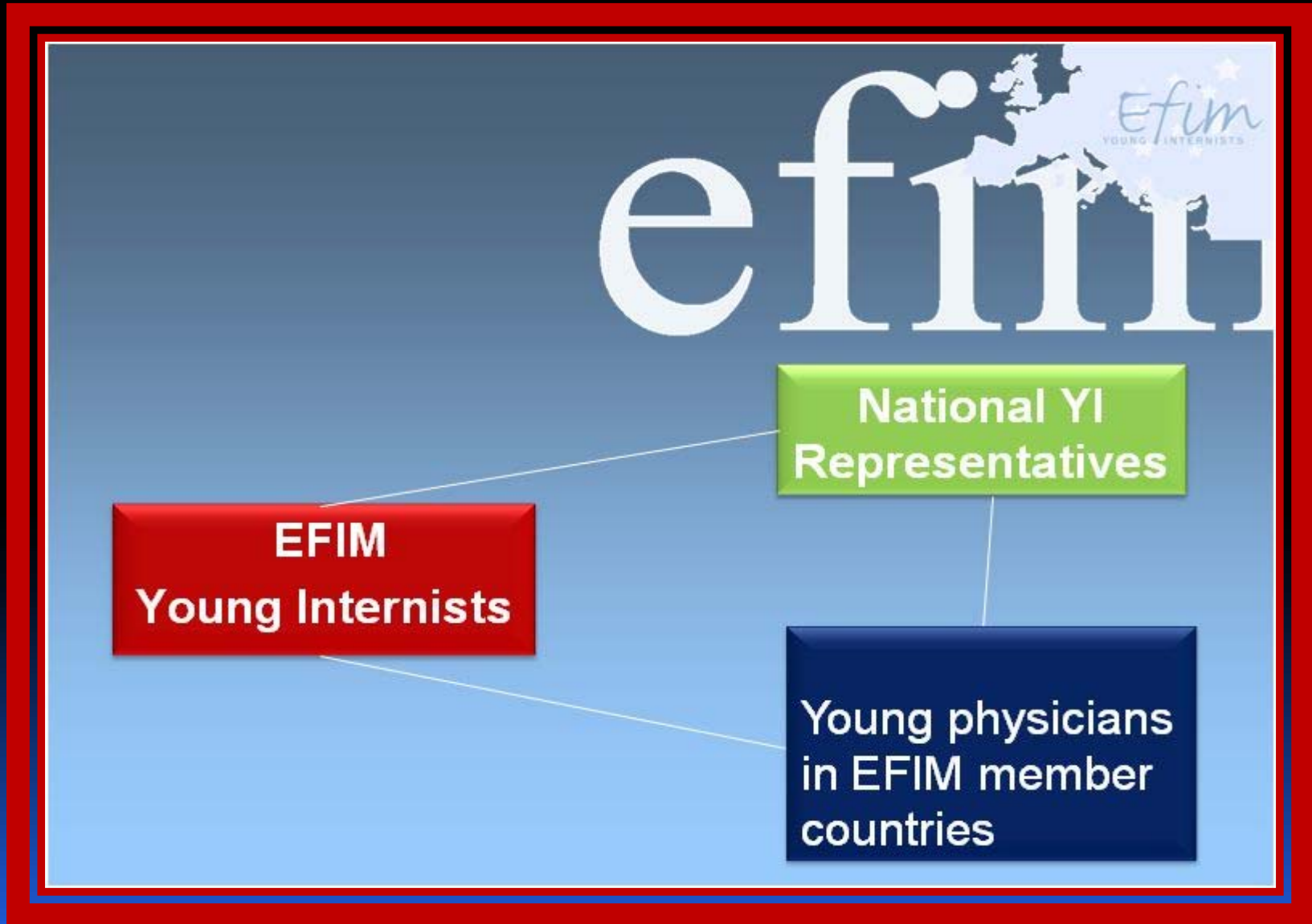
**XXXIII National Congress
of the Spanish Society
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YOUNG INTERNIST ASSEMBLY



ESIM 2012 Winter School Saas-Fee





ESIM 2012 Winter School Saas-Fee



Why working together?



- To share experience
- To compare our knowledge
- To improve the working conditions
- To improve the quality of patients' care
- To meet, to talk, to learn from others
- To travel, to party...



Latest NEWS



Congress Success in Madrid! SIMI-EFIM 2012

Great thanks to the Spanish Society of Internal Medicine for hosting a highly successful meeting in Madrid. A perfect blend of high-quality sessions alongside the opportunity to see old friends and make new ones. A very successful meeting was held by the Young Internists with 150 attendees, engaging in excellent discussions around many aspects of training in Internal Medicine. For further reports see [here](#).

Please enjoy the pictures in the [Gallery](#) and visit our [Facebook page](#).

EFIM Congress – 24-27th October, Madrid

This year's European Congress of Internal Medicine will be held in Madrid – organized by EFIM in conjunction with the Spanish Society of Internal Medicine. There is a fantastic programme of educational workshops, lectures and 'meet-the-expert' sessions: <http://www.efim2012.com/programme/diagram/>.

Don't forget to join us for the Young Internists' day from 17:00 on Thursday, 25th October, for an eclectic mix of guest lectures, discussions and the popular 'Clinical Gymnasium'. As usual, there will be ample opportunity to meet medical trainees from across Europe and plenty of time to socialise as well!

Young Internists Assembly and EFIM Administrative Council Meeting

Alongside the congress, the European Young Internists Assembly will convene in Madrid on 23rd October 2012. Each EFIM member should be represented by a Young Internist and we look forward to discuss current and future projects as well as encourage and support representation at national level.

Also on 23rd October 2012 the EFIM Executive Committee, Administrative Council and Working Group meetings will be held in Madrid.

[Register here and get full access to our website!](#)
Already a member?

Enter your member ID

.....



ORGANISATION Scheme

The Assembly of Young Internists and the Young Internists members.

The Assembly of Young Internists is made up of national representatives nominated by each of the EFIM member societies. Meetings of the Assembly are held in conjunction with a meeting of the EFIM Administrative Council. The main function of the Assembly of Young Internists is to support the activities of EFIM and the Administrative Council and to act as a link to Young Internist groups within the member countries.

The term 'Young Internist' refers to doctors in training in Internal Medicine and to doctors in the early years of their senior posts. Ideally those taking positions as sub-committee members and national representatives will be involved for a minimum of two years to ensure continuity within the organisation.

Structure of the Young Internists sub-committee

- Administration of the Young Internists' activities is carried out by the Young Internists sub-committee with the approval of the Assembly of Young Internists.
- The sub-committee consists of a Chairperson, a Secretary, a Treasurer and up to four members, all of whom should be of different nationalities.
- The officers of the sub-committee are appointed by the Assembly for a period of two years and may be re-elected for a further term of two years.
- The officers will be responsible for preparing the agenda for the meetings of the sub-committee and the Assembly, recording the minutes of meetings, managing the budget and reporting back to the EFIM Executive.
- The sub-committee will allocate specific tasks to each of the sub-committee members dependant on the resolutions of the Assembly.

Structure of the Assembly of Young Internists



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Already a member?

Enter your member ID



OUR MISSION

Creating a network of Young Internists

By forming a strong network of Internists in training or in the early years of specialisation across Europe, we provide opportunities to cooperate, to exchange ideas and to share experiences. We aim to establish a community of Young Internists that will facilitate communication between individuals and national Young Internists groups, encouraging and supporting trainee representation within Internal Medicine across Europe.

Promoting Internal Medicine

The position of Internal Medicine is constantly evolving, and has in some respect been threatened by the increasing sub-specialisation driven by rapidly expanding knowledge and an array of available treatments. However, the demands of multi-morbid, ageing populations and increasing public expectations are difficult to meet by a fragmented, super-specialised health service, and the Young Internists believe that Internal Medicine can form the core of a modern, fit-for-purpose health service. We aim to provide a forum to explore, discuss and promote this vision of Internal Medicine as an adaptable, holistic and patient-centred specialty.

Participating in administrative processes

The participation of Young Internists in administrative processes within EFIM and at national level will help define the problems related to residency training and working conditions and will bring a fresh perspective to these organisations. A European network of Young Internists will enable the new generation to actively participate in decision-making processes pertinent to the specialty of Internal Medicine, service delivery and training.

Education

Young Internists are teachers as well as learners, supervising more junior colleagues as part of their clinical roles. Continuing medical education is one of the principles of EFIM, and the twice-yearly European Schools of Internal Medicine constitute great educational opportunities aimed at Young Internists. Furthermore, the yearly Young Internists' Day held as part of each EFIM congress provides a forum for Internists in training to share clinical knowledge and experiences as well as exploring non-clinical skills.

Research



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Join

1

Na



**The Foundation for the Development of Internal
Medicine in Europe
and**

The European Federation of Internal Medicine

**CLINICAL RESEARCH SEMINAR, PARIS
2 – 4 July 2012**



8th EFIM CLINICAL RESEARCH SEMINAR: 2 – 4 July 2012

**Venue : La Maison du Poumon, 66 boulevard Saint-Michel,
Jardin du Luxembourg, Paris, France (approx 10 min walk from your hotel)**

PRELIMINARY SCIENTIFIC PROGRAMME

Monday 2 July 2012

- | | |
|---------------|---|
| 09.00 – 09.30 | Welcome Coffee at Seminar venue. |
| 09.30 | Presentation of the course objectives <i>Daniel Sereni (Paris)</i> |
| 09.30 – 18.00 | Lectures (to be arranged). Session for Presentations by residents (pm)
Buffet Lunch at 12.30 – 13.30. (Morning & Afternoon Tea Breaks) |

Topics For The Course To Include:-

- practical, and ethical issues in clinical trials
- what is really important in statistics
- clinical epidemiology

YI and EFIM Working Groups

1

- Political Issues in Internal Medicine

2

- Competencies in IM

3

- Quality of Care in IM

4

- Medical Professionalism

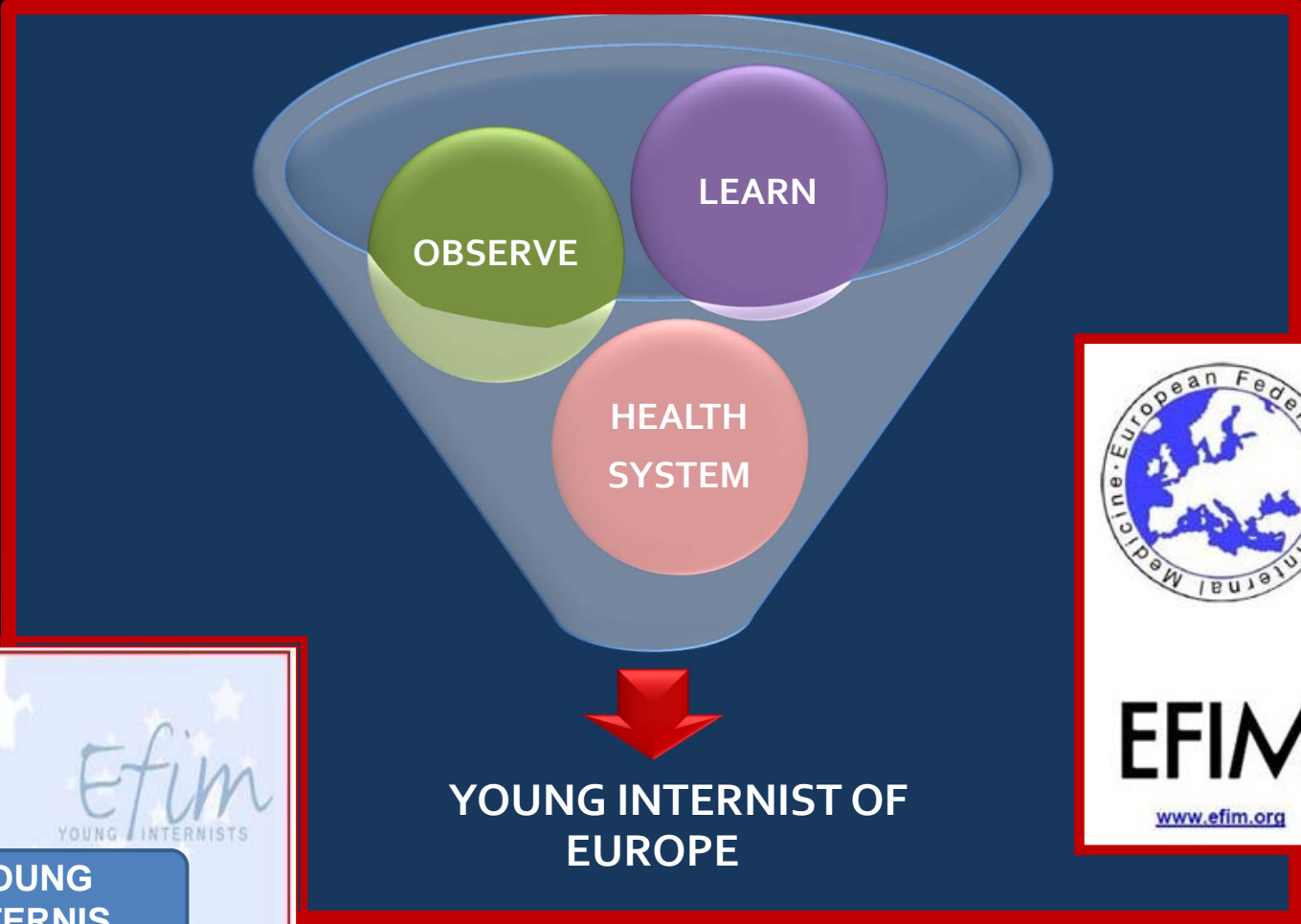
5

- Rare diseases

6

- Exchange Programme

EXCHANGE PROGRAMME



EXCHANGE PROGRAMME

A – General Aspects:

- Observe and learn another culture, system of organization and type of relationship with other health professionals and patients.
- Report the main differences between the two countries.

- The internship lasts for a month.
- This is an observational stage.
- Will be issued a certificate of approval credited by the EFIM after sending the final report of both tutor and resident.

EXCHANGE PROGRAMME

B - Requirements to be met by the Hospital

1

- Hospital with appropriate training in Internal Medicine.

2

- Released by the official local organization and bureaucratic compliance with the measures of each participating country.

3

- The tutor should speak English with the resident guest (this rule does not apply if the residents speaks the language of the country that receives).

4

- The clinical visits to patients should be constantly translated by the tutor.
- Clinical cases should be submitted in English.

5

- Provide help and support in finding accommodation.

6

- The final evaluation should be signed by the tutor and should be sent directly to the EFIM.

EXCHANGE PROGRAMME

C - Requirements to be met by the resident:

1

- Must speak fluent English.

2

- Must have completed at least the first two years of medical residency in IM.

3

- Must have health insurance current and valid during the period of stay in the receiving country.

4

- Must have the support of the National Society of Internal Medicine of their country.

5

- Should write a final report.

6

- Should establish prior contact with the tutor in order to obtain information about the equipment for the training period.

7

- The resident must have the same workload of the residents of the specialty of Internal Medicine in the receiving country.

EXCHANGE PROGRAM

3 alternatives

2 alternatives

1 alternative



NATIONAL SOCIETY	CENTRES	TUTOR	LOCATION
France	Hospital Cochin	Dr. Guillevain	Paris
Israel	Ziv Medical Center	Farah Raymond	Zefat
	Hadassah Har Hazhofim Medical Center	Samuel Heyman	Jerusalem
	Barzilai Medical Center	Doron Zamir	Ashkelon
	Assaf Harofeh Medical Center	Ahuva Golik	Zerifin
	Assaf Harofeh Medical Center	Micha Rapoport	Zerifin
	Sheba Medical Center	Sidi Yehezkel	Tel-Hashomer
	HaEmek Medical Center	Guy Dori	Afula
	HaEmek Medical Center	Mazen Elias	Afula
	HaEmek Medical Center	Arie Marekel	Afula
Hasharon Medical Center	Dror Dicker	Petach-Tikva	
Latvia	Pauls Stradins Clinical University Hospital	Prof. Valdis Pirags	
	Eastern Clinical University Hospital	Prof. Aivars Lejnieks	
Portugal	Hospital Santa Maria	Profesor Dr. Rui Vitorino	Lisbon
	Hospitais da Universidade de Coimbra	Profesor Dr. Armando Carvalho	Coimbra
	Hospital Santo António	Profesor Dr. Joao Araújo Correia	Oporto
Slovakia	Dpt. Internal Medicine nº1 University Hospital	Prof. MD, PhD Ivica Lazurova	Kosice
	Dpt. Internal Medicine nº4 University Hospital	Prof. MD, PhD Ivica Lazurova	Kosice
	University Hospital	Prof. MD, PhD Ivica Lazurova	Bratislava



Spain	Hospital de Bellvitge	Dr. Ramon Pujol	Barcelona
	Hospital Costa del Sol	Dr. Javier García Alegría	Marbella
	Hospital Gregorio Marañón	Dra. Blanca Pinilla	Madrid
Turkey	Hacettepe University Hospital	Profesor .Dr.Serhat Unal	Ankara
	Baskent University Hospital	Associated Profesor Birol Ozer	Adana
Italy		Prof. Giancarlo Agnelli	Perugia
		Prof. Vincenzo Arienti	Bologna
		Prof. Nica Capellini	Milano
		Prof. Giovanni Davì	Chieti
		Prof. Francesco Perticone	Catanzaro

Israel



EFIM

European Federation of Internal Medicine

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European EXCHANGE SCHEME



EFIM EXCHANGE PROGRAM

The EFIM Exchange Program is a project which offers supervised internships of one month, to the Internal Medicine European residents, in Internal Medicine Units of different countries of Europe.

The EP is managed by a Central Working Group which consists of five members:

1. Pedro Conthe, Spain. Chair.
2. Carla Araujo, Portugal.
3. Maria Cappellini, Italy.
4. Sabine Allard, Belgium (previous committee)
5. Ozan Yazici, Turkey. (previous committee).

The general objectives and approach of the programme are:

The EP would be set in motion under the following terms:

- Each National Society will select the residents who, having met the stipulated requirements explained below, wish to have an option to engage in a rotation of some of the offered posts, which will be a maximum of three for the year 2012.
- EFIM will sponsor a maximum of ten grants of 600 Euros each, which could be increased with an additional amount at the discretion of the National Society.
- The application deadline for residents who wish to participate in the programme is: 10th June 2012
- The period of the stage will be from now to 10th October.

Resident eligibility

[register here](#) and
full access to our website!

already a member?

or your member ID



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WORKSHOP



ESIM 2012 Winter School Saas-Fee

WORKSHOP

1

• TRAINING

- How are applicants chosen?
- Who is responsible for postgraduate training?
- Is there a national curriculum?

2

• PROCEDURES IN INTERNAL MEDICINE

- List of procedures expected to be done in training for Internal Medicine and how common or not they would be.
- Examples include: Drawing blood; Pleural and abdominal fluid aspiration; Lumbar puncture.

3

• WORKING HOURS

- European Working Time Directive (which prescribes a maximum weekly average of 48 hours and a minimum rest period of 11 hours in every 24-hour period).
- Some Young Internists reported working shifts of 32-hour duration at least 12 times a month.
- HOW DO YOU WORK IN YOUR COUNTRY?

4

• FINDING BALANCE IN YOUR MEDICAL LIFE

- Work over lifestyle?
- Managing stress
- What do you do in your free time?



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WINTER SCHOOL 2013





WINTER SCHOOL 2013





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